



DECEMBER QUEST EVENT GOAL MAPPING

This month's *Holiday Fest 2010* event highlighted the vital role goal-mapping plays both inside – and outside—the dojo.

Following a challenging advanced class for 1st to 7th Degree Black Belts, **MASTER BORKOWSKI (9th Dan)** distributed goal sheets and coached Adult Masters students on assessing their martial, personal and professional progress to date, and establishing new objectives for **2011**.

NKS' CURRICULUM FEATURES A UNIQUE BLEND OF TRADITIONAL AND CONTEMPORARY TRAINING.

In keeping with our commitment to *provide the best martial arts and life skills education*, there are no additional fees for special activities.