



NKS MIDTOWN NOVEMBER QUEST EVENT Okinawan Long Weapons

As part of Northern Karate Schools' Holiday Fest 2011 series, NKS Founder and renowned martial arts expert, **Master Cezar Borkowski (9th dan)**, conducted a special long weapons workshop.

Masters students examined basics, kata and application using **Bo, Eku (oar) + Nunti (spear)**, including weapons from Hanshi's personal collection.

Master Borkowski discussed NKS' proud Okinawan kobudo lineage which features *Ryukyu, Mataoyshi, Yamani and Mura*, as well as other popular and esoteric systems.

NKS' CURRICULUM FEATURES A UNIQUE BLEND OF CLASSIC AND CONTEMPORARY TRAINING.

In keeping with our commitment to *provide the best martial arts and life skills education*, there are no additional fees for special activities.

For information about **Quest Events** and other program benefits, consult NKS Student Care reps.

